

# Fern Creek Optimist Basketball Rules

## 2017-18

### 5 & 6 Year-Old Rules

6A – Practice Time will consist of 20 minutes prior to the game. Game time consists of four 6-minute quarters using a continuous running clock. Clock will stop on timeouts and injuries.

6B – No defense in the back court.

6C – Each player must guard other player with the same color arm band.

6D – No lane violations.

6E – Defense may not steal the ball from the person dribbling. When an attempt to steal is made, it will be counted as a team foul. Steal of passes are allowed. Fast breaks are allowed. Only single picks allowed.

6F – Teams will shoot the bonus on the 8<sup>th</sup> team foul and there will be no double bonus.

6G – The free throw line will be the bottom of the circle.

6H – A three-point shot will not be allowed.

6I – The ball size will be the Jr. 110/1008.

6J – Playing time will consist of a minimum of 9 minutes in each game. Subs will come in on timeouts and injuries.\*

6K – Each team will be granted four 30-second time outs.

6L – Ties are acceptable. There will be no overtimes.

6M – Goals will be the 8½ foot add-on goals.

6N – Defense must set-up inside the 3-point line. No guarding outside the three point line. The offense will have 5 seconds to get the ball across the 3-point line once the offense crosses the mid-court line. The offense cannot “stall” by going back and forth across the 3-point line. This is up to the judgment of the league director and the referees.

6O – Halftime – each player will shoot 2 free throws which will count for scoring.

6P – **All players are required to wear black basketball shorts and tennis shoes.**

## **NO SMOKING ON SCHOOL GROUNDS**